The Sweetest Blueberry Muffins

By KRUSTY

Prep Time: 15 mins Total Time: 30 mins

Serves: 12-18, Yield: 18.0 muffins

ABOUT THIS RECIPE

"Very tasty And Sweet."





Photo by Jonathan Melendez

INGREDIENTS

1/2 cup butter or 1/2 cup margarine, at room temp

- 1 cup granulated sugar
- 2 large eggs
- 1 teaspoon vanilla
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 2 cups all-purpose flour
- 1 cup milk
- 2 1/2 cups fresh blueberries or 2 1/2 cups frozen blueberries

lemon zest

FOR TOPPING

1 tablespoon granulated sugar, mixed with

1/4 teaspoon ground nutmeg

DIRECTIONS

- 1. Heat oven to 375°.
- 2. Grease 18 regular-size muffin cups (or 12 large size muffins).
- 3. In bowl, mix butter until creamy. Add sugar and beat until pale and fluffy.
- 4. Add eggs one at a time, beating after each.
- 5. Beat in vanilla, baking powder and salt.
- 6. With spoon, fold in half of flour then half of milk into batter; repeat.
- 7. Fold in blueberries.
- 8. Spoon into muffin cups and sprinkle topping onto each muffin.
- 9. Bake 15 to 20 minutes, until golden brown and springy to touch.

